

Haverfordwest Seals Swimming Club

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Upcoming Events

Friday 30th January
NO TRAINING!

29th 30th 31st Jan & 1st Feb
West Wales Regionals

7th & 8th February
West Wales Regionals

21st & 22nd March
Tiger Bay LC meet, Cardiff

Hi all

Happy New Year to you all! Here is January's Newsletter.

PLEASE NOTE!!!!

FRIDAY 30TH JANUARY – TRAINING CANCELLED DUE TO REGIONAL CHAMPS LONG DISTANCE EVENTS.

AGM

Our AGM will be held on **Tuesday 17th February at 7pm**, in The Green Room at Haverfordwest Leisure Centre.

We would like to request that a representative of each family to attend our AGM. We will try to keep it short so please put the date in your diary. Any apologies by Monday 16th February please.

We would like to request a member of each family attend our AGM. This is your club for your children and we need your input when it comes to voting & ideas. There are several positions that may or will need filling on next year's committee so please let us know if you think you can help in any way. Some roles are quite time consuming, but others can be much less daunting and can also be dual roles, shared with another parent. If you can help, we can find a job for you! Please don't be shy, our club is only as strong as the parents who volunteer for us and many hands make light work.

A list of current roles is at the bottom of this letter FYI.

Seals Shop

We have now moved to 'Tees R Us' and all of our usual kit is available for you to order now. Hats are still available from Helen or myself.

Unit 2, Harvester House, Prendegast. SA61 2SX Tel 01437 454529

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Please note!

You **MUST swipe in** for every session AND collect your card after every swim.

The Leisure Centre CAN and WILL ask you to leave if you have not swiped in for your session.

There is a 'Seals' box at reception so you don't even have to queue! Just pop your card in on the way through.

Gala Entries

Our Fixture secretary, Debbie, has one of the biggest and most crucial jobs for our club. With many more entries than we ever used to have, and a fast growing membership of keen swimmers, her job gets bigger by the week. Our County Champs entries this year, I think, were the biggest the club has ever known so we would like you all to help making sure no errors are made by checking that your entries are correct well in advance. If you spot an error on the day, there is little we can do to help.

So! Please follow these simple guidelines...

1. After emailing your entries to Deb, please check on our website under 'gala entries' to check your events are correct. Deb is super-efficient and they are normally posted within a day or 2.
2. When confirmed entries are emailed to you, please check your entries again.

Thank you.

Named Hats

We are planning to order a box of named Seals hats. These are identical to our usual hats, but can have a name printed on each side in addition to our usual logo.

These hats will cost £6.50 each for the 1st one, but only £5 each extra with the same name. Some parents have already requested a few with their surname on so their children can share them. I will be ordering 25 hats as soon as I have orders for 25. They will be offered on 1st come, 1st served and payment must be received before I complete the order. If you are interested, please let me know exact spelling and pass me the correct money.

Facebook

Remember we have a Facebook group for parents and swimmers 13yrs and older. It is a private group so you must be invited to join. Only parents or adults with parental responsibility for the swimmer will be accepted into the group. This is due to the photos we often post. We ask all members of the group not to 'tag' photos as this enables them to be seen outside of the group.

We often put up handy info so if you're a Facebook user it is a useful communication tool. If you wish to be invited, please let Pauline or myself know and let us have your full Facebook name so we can identify you! It may help if you change your profile picture to yourself or your swimmer whilst we locate you!

Dates for your Diary (Full details on our website)

Seals Club targeted meets are in **PURPLE**. Not all meets are relevant for all ages/abilities.

Events in **RED** are suggested meets for Pembrokeshire County Swimming. (This is a new list published for the 1st time. Please note this is meant as a guide and may not be suitable for all of our swimmers. Swimmers in any of the County Squads should consider these events but do not need to enter all of them. Some squad selection will include entering certain events. If you are in any doubt, please talk to Pauline, Debbie or myself for advice).

May I remind all parents that Haverfordwest Seals Swimming Club is a competitive club and not a swim fit facility! We expect all of our swimmers (when they are experienced enough) to update times for all strokes & distances throughout the year, within reason.

31st Jan – 1st Feb & 7th & 8th February 2015 West Wales Regional Championships, Haverfordwest

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7th & 8th February – Aquae Sullis LC Meet

21st & 22nd March Tiger Bay Meet, Cardiff

28th March – West Wales No Time Gala

3rd – 6th April 2015 Swim Wales Champs (Easter Nationals), Swansea

29th – 31st May 2015 Cardiff International, Cardiff

20th – 21st May 2015 Torfaen Long Course, Bristol

20th – 21st May 2015 Swim Wales Junior Development Meet, Location TBC

20th & 21st June 2015 Torfaen Level 2 & 4 Open Meet

11th – 12th July 2015 Torfaen Short Course, Newport

25th -31st August 2015 Swim Wales Summer Nationals, Swansea

If you have any questions about anything in the newsletter, please get in touch.

Sue Christopher

Current Committee Roles

President	Matthew Lewis
Chair Person	Currently vacant
Vice Chair	Currently vacant
Secretary	Ann Girolami
Treasurer	Jenny Webb
Fixture Secretary	Debbie Watson
Deputy Fixture Secretary	Dave Cooke
Membership secretary	Nicala Harding/Geraldine O'Donnell
Team Manager	Pauline Louchart
Child Protection Officer	Karen Russell-Stretch/Ann Girolami
Dragon Mark Co-Coordinator	Currently Vacant
Social Secretary	Jo Griffiths & Mary Lee Mathias
Lead Coach	Pauline Louchart
County Rep	Sue Christopher & Nicala Harding
New Swimmer Co-Coordinator	Sue Christopher
Shop Co-Coordinator	Jules King & Jo Trueman
Parent Liaison Officers	Becky Hill & Jenny Webb
Club Welfare Officer	Ann Girolami
Committee members	